


 Good morning and hello from Mrs. Colligan & Mrs. Alcavage!

Health for the week of: 3/16-3/20

 **Where To Find Your Work:** Activities will be loaded and/or linked to your class notebook.

 **Learning Objectives:**


- Health: Positivity Project
- Other: Mindfulness


 **Learning Activities for the week:**

- Health: Positivity Project. Read the character trait on social intelligence. What is it? Why does it matter? Do you think this is a strength of yours? EXPLAIN
- Other: Mindfulness- How will you use mindfulness this week? Each day write a sentence.

 **How I will see/check your work:**

I will check in One Note/ Class Notebook in the health tab after daily!

 **How We Communicate:** Email me at [tcolligan@wtps.org](mailto:tcolligan@wtps.org)

 Lesson ideas and activities from the Spanish teacher and all your Special Area teachers will be posted on their teacher pages on the district website (wtps.org)

3/18/2020= World Language so visit Mrs. Bernal's page

DAILY= Visit Mrs. McNally's page

Monday= Music with Mrs. Leong

Tuesday= P.E. with Mrs. McNally

Wednesday= Art with Mrs. Stewart

Thursday= Technology with Mrs. Bozza

Friday= Library with Mrs. Armenia